



September 2023

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					1	2 Dojo Closed
3	4 Dojo Closed	5 Hard Styles	6 Hard Styles	7 Soft Styles	8	9 Beach Training Avila Beach
10	11 Reflex Dev.	12 Reflex Dev.	13 Soft Styles	14 Soft Styles	15 Ippon/Inferno Warrior	16 Inst. Choice
17	18 Soft Styles	19 Soft Styles	20 Soft Styles	21 Soft Styles	22 Sprawl	23 Inst. Choice
24	25 Hard Styles	26 Hard Styles	27 Reflex Dev.	28 Reflex Dev.	29	30 Inst. Choice