



March 2024

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					1	2
3	4 Reflex Dev.	5 Reflex Dev.	6 Inst. Choice	7 Inst. Choice	8	9
10	11 Kata	12 CSD	13 Roll	14 Spar	15	16
17	18 Kickboxing	19 BAF	20 BAF	21 Hard Styles	22	23
24	25	26	27	28	29	30
	Spring Break					