



September 2024

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	2 Labor Day Dojo Closed	3 L.S. #2 Soft Styles	4 Soft Styles	5 Soft Styles	6	7
8	9 Soft Styles	10 L.S. #3 Hard Styles	11 Hard Styles	12 Reflex Dev.	13 Edge/Xtreme	14
15	16 Reflex Dev.	17 L.S. #4 Inst. Choice	18 Inst. Choice	19 Kata	20 Warrior/Inferno	21
22	23 CSD	24 L.S. #5 Roll	25 Spar	26 Kickboxing	27 Sprawl	28
29	30 BAF					