

**GROUP CLASS LESSON AGENDA**

**April 2025**

	Mon	Tues	Wed	Thurs	Fri	Sat
		1	2	3	4	5
Group Class Theme:		SOFT	SOFT	SOFT		
Little Samurais		L.S. #1				
Pee Wee Champs		Americana Armlock Punch Block (3)	Pos. Control Mount Punch Block (4)	Take Back Stand Up & Base		
Fundamentals		Control Mount - Swims	Take Back - Mount	Clinch vs. Cons. & Agg.	Sprawl	
Advanced		De La Riva Sweeps	De La Riva Subs	De La Riva Pass		
	7	8	9	10	11	12
Group Class Theme:	SOFT	SOFT	SOFT	SOFT		
Little Samurais		L.S. #2				
Pee Wee Champs	Trap & Roll Armlock - Mount	F. Clinch & Body Fld TD Side Mount Control	Americana Armlock Take Back	Pos. Control Mount Trap & Roll	Edge/Xtreme	
Fundamentals	Fight Simulation 1	Fight Simulation 2	Guillotine Choke Standing Armlock	Armlock Mount		
Advanced	Scissor Sweep	Cross Sweep	Butterfly Strong Side Sweep	Spider Push Sweep		
	14	15	16	17	18	19
Group Class Theme:	HARD SUP.	HARD SUP.	R.D.	R.D.		
Little Samurais		L.S. #3				
Pee Wee Champs	Forced Entry	Sensitivity Entry	Red Stripe Eval	Red Stripe Eval		
Fundamentals	Forced Entry	Sensitivity Entry	Red Stripe Eval	Red Stripe Eval		
Advanced	Jumping Roundhouse Kick	Jump Spin Back Kick	Red Stripe Eval	Red Stripe Eval		
	21	22	23	24	25	26
Group Class Theme:	CLASSICAL	CLASSICAL	I.C.	I.C.		
Little Samurais		L.S. #4				
Pee Wee Champs	Theatrical	Theatrical	Instructors Choice	Instructors Choice		
Fundamentals	Theatrical	Theatrical	Instructors Choice	Instructors Choice		
Advanced	Theatrical	Thatrical	Instructors Choice	Instructors Choice		
	28	29	30			
Group Class Theme:	R.D.	R.D.	R.D.			
Little Samurais		L.S. #5				
Pee Wee Champs	Pinan Shodan 2/3 Head Block	F. Leg Round House Kiai	F. Clinch & Body F. TD Leg Triangle			
Fundamentals	Pinan Shodan 2/3	Kihon 1 a & b	Punch Block 1-4			
Advanced	Kata	CSD	Roll			