

GROUP CLASS LESSON AGENDA

June 2025

	Mon 2	Tues 3	Wed 4	Thurs 5	Fri 6	Sat 7
Group Class Theme:	SOFT	SOFT	SOFT	SOFT		
Little Samurais						
Pee Wee Champs	Mount Control Punch Block #1	Take Back from Mount Punch Block #2	Trap & Roll Punch Block #3	Front Clinch & Body Fold Punch Block #4		
Fundamentals	Standing Headlock Defense	Trap & Roll	Leg Hook Takedown & Body Fold Takedown	Americana Punch Variation		
Advanced	Twisting Arm Control	Guard Pass Recoveries	Hook Seep - Guard	Open Guard Pass		
	9	10	11	12	13	14
Group Class Theme:	HARD SUP.	HARD SUP.	R.D.	R.D.	Special Event - By Invitation Only	Special Event - By Invitation Only
Little Samurais						
Pee Wee Champs	Forced Entry Horse Stance	Sensitivity Entry Forward Stance	Red Stripe Eval	Red Stripe Eval		
Fundamentals	Kickboxing 1-5	Forced Entry	Red Stripe Eval	Red Stripe Eval		
Advanced	Flying Side Kick	Knife Box Drill	Red Stripe Eval	Red Stripe Eval		
	16	17	18	19	20	21
Group Class Theme:	CLASSICAL	CLASSICAL	I.C.	I.C.	Nerf Wars 1-3 pm	PCKC Tournament
Little Samurais						
Pee Wee Champs	Theatrical	Theatrical	Instructors Choice	Instructors Choice	Fathers Day Grapple w Dad 5-6 pm	
Fundamentals	Theatrical	Theatrical	Instructors Choice	Instructors Choice		
Advanced	Theatrical	Theatrical	Instructors Choice	Instructors Choice		
	23	24	25	26	27	28
Group Class Theme:	Push Clinic R.D.	Push Clinic R.D.	Push Clinic R.D.	Push Clinic R.D.		
Little Samurais						
Pee Wee Champs	Horse Stance Punch & Short Cat Stance	F. Stance & Bow & Arrow Punch Med. Cat Stance	Mouse Trap Stand Up & Base	Hand Pat. 1/2 Hour Glass Stance		
Fundamentals	Pinan Shodan (Full)	Kihon 5 a & b	Americana Neck Hug Variation	Spar Combos 1 & 2		
Advanced	Kata	Creative Self Defense	Roll	Spar		
	30					
Group Class Theme:	R.D.					
Little Samurais						
Pee Wee Champs	Kickboxing 1-3					
Fundamentals	Kickboxing 1-5					
Advanced	Kickboxing					